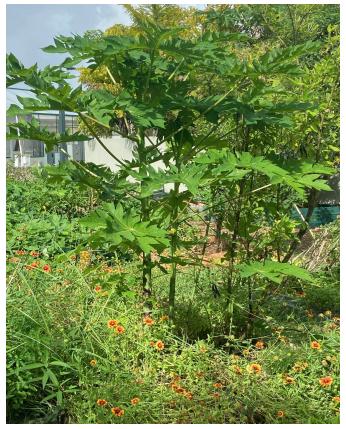
## Papaya

Carica papaya



When to plant: Anytime (in tropical climates)

When to harvest: 6-8 months after planting

**Uses in medicine:** Used in traditional medicine as treatment for malaria. Good source of Vitamin C and folate.

**Uses in cooking:** Used in many cuisines. Typically in desserts or as a sweetener. Skin can be consumed if cooked